

How-To Take Glutathione Supplement



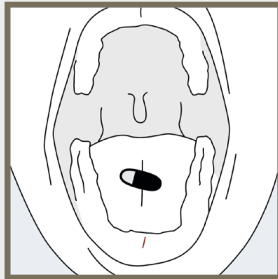
Dosage:

Recommended 1 pill per day. Maximum of 3 pills per day with gradual increase in dosage.

Side-effects:

Acetyl-glutathione side effects may include too much energy and trouble sleeping. If this occurs, reduce the dose.

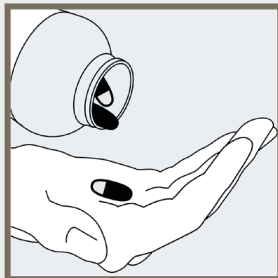
GOOD



Oral Administration (Swallow)

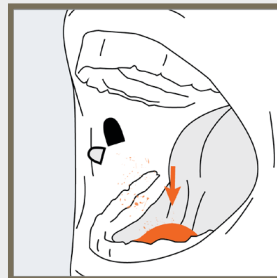
Take the Glutathione with water and swallow.

BETTER



1 - Pour Out Content of Pill

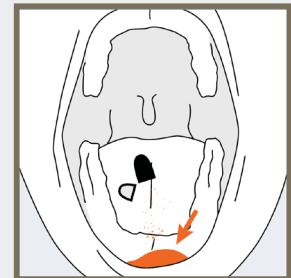
Open pill with larger side up and safely pour contents into your mouth.



2a - Sublingual Administration

Pour the Glutathione underneath the tongue.

OR



2b - Buccal Administration

Pour the Glutathione between the gums and cheek.

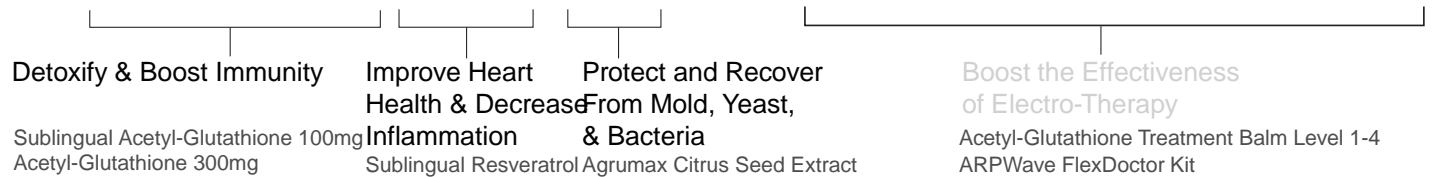
Clean & Restore Your Environment From Mold, Yeast, & Bacteria



Detoxify & Boost Your Health

Detoxify with Electro-Therapy

CitriWave



Nurture Your Skin Naturally

